# COMMON REASONS OF PAIN ABDOMEN ARE

\*Upset stomach or diarrhoea with or without vomiting

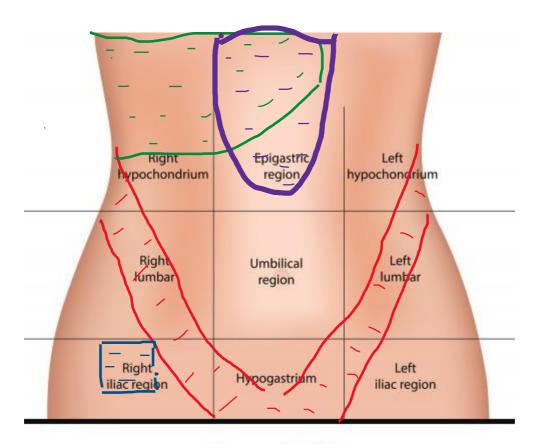
\*Kidney stone

\*Gall bladder stone

\*Gynaecological condition

\*Appendicitis

\* Acidity



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RED LINING REPRESENTS KIDNEY STONE AREA

GREEN LINING REPRESENTS GALL BLADDER STONE AREA

**BLUE LINING REPRESENTS APPENDICITIS AREA** 

PURPLE LINING REPRESENTS ACIDITY

#### # Diarrhoea:

Location of pain is any part of or whole of abdomen

The pain comes and goes every few minutes.

There is either loose motions or /and vomiting

There may be fever.

There is evidence of having eaten some food which may have been unhygienic.

some other person who ate the same food also suffers the same problem

## #Kidney stone.

The pain is generally in one flank or in the lower abdomen on one side of it or just above the pubic area. Except when it is above the pubic area in which case it is central, the pain is always on one side of the abdomen only. There is usually vomiting also.

If the Stone is in the Kidney area, the pain is in corresponding flank; if stone has moved down the urine tract, the pain also moves downwards in a line from the flank towards the fold of thigh. Once the pain is in the lower most part of the ureter, the patient starts to feel frequent urge of passing urine and feels incomplete evacuation.

The urine passed may be cloudy or red or dark brown coloured. There may be passage of small pieces of sand like matter.

If the pain has happened previously also then generally the patient is an already diagnosed case of kidney stone.

#### **#Gall bladder stone:**

The pain of gall bladder is either right upper abdomen ,or in the middle of upper abdomen or rarely in the right shoulder .The pain is associated with vomiting .It is generally induced by heavy or oily food. The person has had similar problem in the past also.

There may be fever with chills. On pressing the right upper abdomen, there is severe pain. There may be jaundice i.e. yellow eyes or passage of alcohol colours urine.

# **#Gynaecological problems:**

generally the pain is in lower abdomen on one side or in the centre. There may be change of menstrual periods and or burning in passing urine.

## **#Appendicitis:**

The pain most commonly is in right lower abdomen. The pain is very severe accompanied by vomiting, loss of appetite. If delayed by a few hours there is fever. On pressing the affected area there is much pain and the person pressing feels hardening of muscles over the affected area.

#### #Acidity:

The pain of acidity is generally in upper abdomen in the middle portion.

It occurs during empty stomach, especially in the middle of the night or early morning and is relieved by taking food or milk. It is aggravated by spicy food, alcohol etc. The pain may feel like going into the back. There may also be vomiting which may relieve the pain.